

Parks and Recreation Department



Pool Guard Recruit Academy Paid Training \$15./hr

*Swim Test

- Swim 300 yards continuously
- Swim 20 yards, head-first dive 7-10', retrieve 10pound brick, swim 20 yards on back, holding brick with both hands, face out of water in 1 min, 40 sec or less.
- Tread water for two minutes (legs only)

Includes 7 hours of paid on-line training completed prior to March 21.

in our Pool Lifeguard Recruit Academy (PGRA). Graduates will be prepared to promote to a Pool Guard position.

The City of San Diego will pay you to train

Next Academy: **March 21 through March 30** To qualify for the Academy, you must:

- Successfully pass the swim test*
- 2. Complete a background check, including proof of age (must be 16 years old) and Covid vaccination.
- 3. Commit to complete on-line training, attend all classes, and interview for a Pool Guard Position if graduating from Academy.

After graduating, you apply for a permanent position and interview.

PGRA Class Dates:

March 21, 23, 25, 28, 30

Days: M,W

Time: 8:30am-4:00pm

*Test Location/Dates/Times:

• Vista Terrace Pool-Any Sunday in January, 10:30am-2:30pm. MWF, 3:00pm-8:00pm.

or

Call/email Kathy Castello at (619)533-4017
KCastello@sandiego.gov



Vista Terrace Pool 301 Athey Ave, 92173 (619)424-0469

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